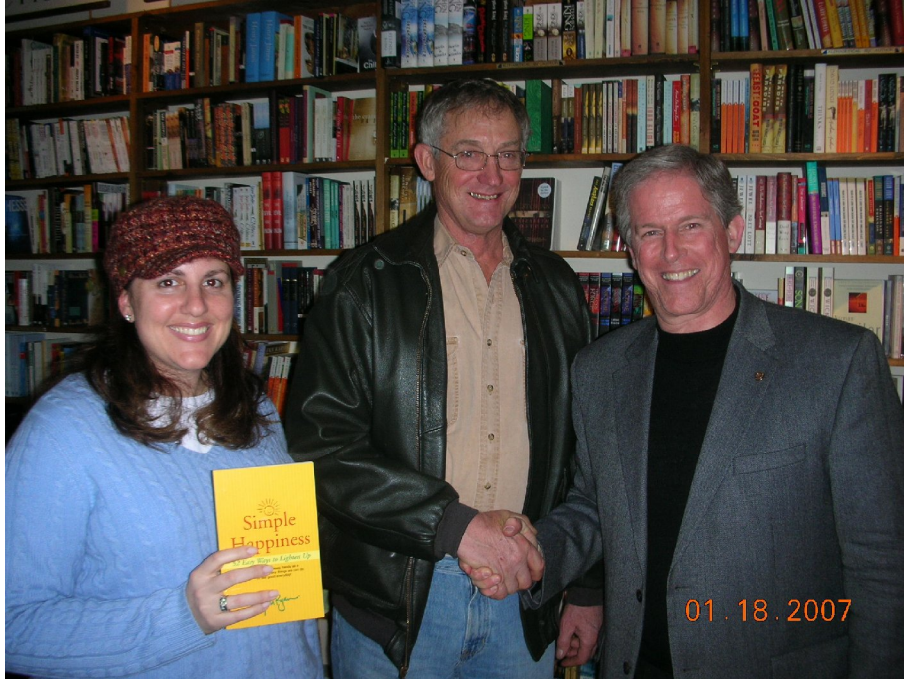


Simple Happiness at Huntington's Book Revue



LI author and motivational speaker, Jim Ryan(r) with Northport Mayor George Doll(c) at Huntington's Book Revue. Shannon Schnieders (l) of Eaton's Neck happily holds up her signed copy of *Simple Happiness: 52 Easy Ways to Lighten Up*

Huntington, Long Island. "If you want to be happy, you have to think happy," affirmed author and motivational speaker **Jim Ryan** as he premiered his new book ***Simple Happiness: 52 Easy Ways to Lighten Up*** at Huntington's [Book Revue](#). Known for its big name authors and celebrities like President Clinton, Deepak Chopra and Sean Hannity, Book Revue also has a soft spot for local aspiring authors and professionals seeking to reach larger audiences.

Over 60 eager guests gathered, despite the cold and rain, to find out more about how to be happier. **Northport Mayor George Doll**, a long time friend of Ryan said, "**I have known Jim [Ryan] for 20 years and after hearing his talk I realize that that is how he lives his life. His talk was so genuine because it came from the heart. The presentation was excellent; so easy to understand with so many practical ideas to put into practice right now.**"

Simple Happiness: 52 Easy Ways to Lighten Up—a great guide with straightforward steps that lead you to a more focused and productive life—is available at your local bookstore by request or online at Authorhouse, Amazon and Barnes and Noble.

Jim Ryan is available for interviews. For more information, please visit his website at www.JimRyanTalks.com or contact him directly at 866-JIM-RYAN.